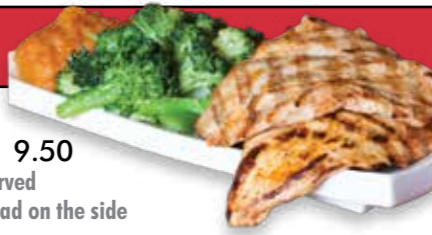


PLATTERS & BOWLS



Gyro Bowl - Gyro meat or grilled chicken, rice, lettuce, tomato & onion served with Tzatziki sauce, hot sauce & Pita bread on the side **9.50**

Burrito Bowl - Rice, black beans, corn, pulled roasted chicken, topped with melted cheese & chicken chili **9.50**

All Platters below served with 2 Sides & Corn Bread

Chicken Salad Platter - Pulled roasted chicken salad **8.75**

Grilled Chicken Platter - Marinated char-grilled boneless chicken breast **10.75**

Chicken Tender Platter - Seasoned golden fried tenders

4 Tenders **8.50**

6 Tenders **11.00**



CHAR-GRILLED BURGER

Hamburger **6.75** **10.25**

Lettuce, tomato, onions & mayo

Chicken Burger **6.75** **10.25**

Lettuce, tomato, onions & mayo

With Cheese **add 50¢**

With Bacon **add 1.00**

SALADS

Garden Salad **6.50**

Romaine lettuce, tomatoes, carrots, broccoli, cauliflower, cucumbers, celery & onions



Caesar Salad **6.50**

Romaine lettuce, shredded Romano cheese, croutons & Caesar dressing

Mediterranean Salad **7.50**

Romaine lettuce, tomato & cucumber salad & red onion, black olives, Feta cheese & balsamic vinaigrette

Gorgonzola Salad **7.99**

Romaine lettuce, dried cranberries, honey roasted walnuts, bacon, red onions, crumbled Gorgonzola cheese & balsamic vinaigrette

Additional Salad Toppings:

Crispy or Grilled Chicken **3.25**

Chicken Salad **3.25**

Gyro Meat **3.25**

Extra Dressing (See list below) / Cheese **1.00**

Dressings:

Lite Ranch **Blue Cheese**

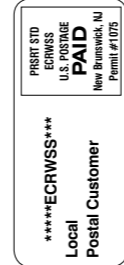
Lite Italian **Balsamic Vinaigrette**

Caesar **Honey Mustard**

SOUPS

Chicken Rice Soup **3.99** **4.99**

Chicken Chili Soup **3.99** **4.99**



JUST FOR KIDS

Served with 1 Side Dish, Corn Bread & Kid's Drink

3 Chicken Tenders **6.75**

Macaroni & Cheese **6.75**

2 Drumsticks - Roasted | Crispy **6.75**

BAKERY

Corn Bread **Each 65¢**

6 Corn Bread 3.75

Brownie **1.99**

Chocolate Chip Cookie **1.99**

EAT WELL... LIVE HEALTHY

La Rosa Chicken & Grill – a Modern World eatery that stays true to Old World traditions. Our roasted and grilled chicken are natural, preservative free non-hormone injected and without MSG. All of our dishes retain the nutrients needed to keep our bodies healthy. We do not use fillers or chemically flavored low-grade food products. Our meats are marinated with our own natural process and our side dishes are made fresh daily from real fresh vegetables. We offer a line of food that is cooked in ovens, kettles, open-fire grills and rotisseries letting all the fats extract while retaining everything wholesome. By starting with only those products that meet our commitment to exceptional quality, we end up with a meal that is unsurpassed in its category. At La Rosa Chicken & Grill you can be assured you are getting a nutritionally, well-balanced meal for your family. Even when you want to indulge, our menu has been created as healthy as possible.

To Our Guests: It is a privilege to have the opportunity to serve you. We thank you for being a part of our family and making La Rosa Chicken & Grill a continued success.

NEW JERSEY LOCATIONS:

Marlboro - 732-972-0019
Freehold - 732-409-0030
Madison - 973-360-1888
Manalapan - 732-536-0710
Tinton Falls - 732-922-8300
Wayne - 973-633-9500
Monroe Township - 732-251-0505
Berkeley Heights - 908-464-4100

NEW YORK LOCATIONS:

Staten Island (Richmond Valley Rd.) - 718-966-1555
Staten Island (Victory Boulevard) - 929-415-6000

COMING SOON

Sea Girt, NJ - 732-528-2200
Staten Island III, NY

***Prices subject to change without notice and may vary as per location.**

Revised 11-2018

Dine-In | Carry-Out | Catering | Online Ordering | We Deliver **\$15 Minimum**



TINTON FALLS

732-922-8300

Call ahead for Carry-Out Orders

www.larosagrill.com

Order online or download our app

Shoppes at Tinton Falls
4060 Asbury Avenue East
Tinton Falls, NJ 07753

Hours:

Sun - Thur: 11:00 am to 9:00 pm

Fri & Sat: 11:00 am to 9:30 pm



find us on:



ROASTED CHICKEN



Whole Chicken - Alone

11.49

INDIVIDUAL MEALS - Served with 2 sides & Corn Bread

Quarter Chicken - Dark	8.25
Quarter Chicken - White	9.25
Half Chicken	11.00
Make it a combo with 3 Ribs	add 6.00

BABY BACK RIBS

Southern Delight!



Full Rack - Alone

25.99

3 Ribs - Served with 2 sides & corn bread

11.00

6 Ribs - Served with 2 sides & corn bread

17.00

HOMEMADE SIDE DISHES

Made fresh daily!



Side Dish	Small	3.25	Large	5.99
Chicken Salad	Small	3.50	Large	5.99

Hot

Homemade Mashed Potatoes • Black Beans • Rice Pilaf
 Sweet Mashed Potatoes • Garlic Parsley Potatoes • String Beans
 Steamed Garlic Broccoli • Macaroni & Cheese • Stuffing
 Steamed Fresh Vegetables • Creamed Spinach • Corn

Cold

Tomato Salad • Cole Slaw • Cucumber Salad

FINGER FOODS



We fry with zero trans fat & cholesterol free oils

Chicken Tenders - Alone	4 Tenders	5.00
	6 Tenders	7.50
Buffalo Wings - Served with celery, blue cheese & buffalo sauce	6 Wings	6.25
	12 Wings	11.99
	18 Wings	17.99
	24 Wings	22.99
French Fries		3.50

FAMILY MEALS

Perfect for sharing!



1 **1 Whole Chicken**
 2 Lg. Side Dishes
 3 Corn Bread
23.99

2 **1 + ½ Whole Chickens**
 3 Lg. Side Dishes
 4 Corn Bread
35.99

3 **2 Whole Chickens**
 4 Lg. Side Dishes
 6 Corn Bread
45.99

4 **Full Rack of Baby Back Ribs**
 2 Lg. Side Dishes
 3 Corn Bread
37.99

Make a Combo with any Meal above

Add ½ Rack Ribs	6 Ribs	13.50
Add Full Rack Ribs	12 Ribs	24.99

CRISPY CHICKEN



Crispy Chicken Alone

2 Pcs. Crispy Chicken - Dark Leg & Thigh	4.50
2 Pcs. Crispy Chicken - White Breast & Wing	5.50
4 Pcs. Crispy Chicken Breast, Wing, Leg & Thigh	8.25
8 Pcs. Crispy Chicken 2 Breasts, 2 Wings, 2 Legs & 2 Thighs	14.99

Individual Crispy Meals

Served with 2 Sides & Corn Bread

2 Pcs. Crispy Chicken Meal - Dark Leg & Thigh	8.25
2 Pcs. Crispy Chicken Meal - White Breast & Wing	9.25
4 Pcs. Crispy Chicken Meal Breast, Wing, Leg & Thigh	11.75
4 Pcs. Crispy Chicken Meal - Dark 2 Legs & 2 Thighs	11.49
4 Pcs. Crispy Chicken Meal - White 2 Breasts & 2 Wings	13.25

No Substitutions

CRISPY FAMILY MEALS

5 **8 Pcs. Crispy Meal** 25.99
 2 Breasts & 2 Wings
 2 Legs & 2 Thighs
 2 Lg. Side Dishes • 3 Corn Bread

6 **12 Pcs. Crispy Meal** 35.99
 3 Breasts & 3 Wings
 3 Legs & 3 Thighs
 3 Lg. Side Dishes • 4 Corn Bread

No Substitutions

SANDWICHES & WRAPS



Served on a Fresh Baked Roll or Multigrain Ciabatta

Wheat Wrap available upon request

	Alone	2 Sides
Chicken <i>Sandwich or Wrap Char-grilled or Crispy chicken breast with lettuce, tomato, onions & mayo</i>	6.75	10.25
Spicy Chicken <i>Sandwich or Wrap Spicy marinade, grilled or crispy chicken breast with lettuce, tomato, onions & Sriracha mayo</i>	6.75	10.25
Chicken Salad <i>Sandwich or Wrap Freshly made chicken salad with lettuce & tomato</i>	6.75	10.25
BBQ Chicken <i>Sandwich or Wrap Pulled roasted chicken prepared in our homemade BBQ sauce</i>	6.75	10.25
Caesar <i>Wrap Marinated char-grilled chicken breast with Romaine lettuce, shredded Romano cheese & Caesar dressing</i>	6.75	10.25
Chicken Club <i>Sandwich or Wrap Marinated char-grilled chicken breast with bacon, American cheese, lettuce, tomato & mayo</i>	7.75	11.25
Gorgonzola Chicken <i>Sandwich or Wrap Marinated char-grilled chicken breast with bacon, sautéed onions, crumbled Gorgonzola cheese & mayo</i>	7.75	11.25
Buffalo <i>Wrap Golden crispy chicken tossed in our special buffalo sauce, lettuce, tomatoes & topped with blue cheese dressing</i>	7.75	11.25
Burrito <i>Wrap Roasted chicken, rice, beans, sautéed onions, corn, white cheddar cheese & Mexican seasoning</i>	7.75	11.25
Gyro - Chicken Beef <i>Pita or Wrap Served with lettuce, tomato, onions & Tzatziki sauce</i>	7.75	11.25
Steak <i>Wrap Marinated steak, sautéed onions & melted American cheese</i>	13.99	17.49